

Frequently Asked Questions

Q: Who can hold a Can We Talk workshop?

A: It starts with someone who wants to take on the role of a champion to make it happen. The champion will typically reach out to a sponsor to partner with. A detailed engagement process is available at the HCR website.

Q: Who can attend the workshop?

A: LGBTQ patients and health care providers. A detailed engagement process is available at the HCR website.

Q: How long is the workshop?

A: Approximately 3 hours.

Q: What are attendee commitments?

A: Stay for the entire workshop, don't come late or leave early. Be open to listen and learn, talk about your feelings, and speak from your experiences. Agree to confidentiality, learnings are encouraged to be shared, but stories identifying specific individuals are not to be shared.

Q: Who should receive facilitator training?

A: Individuals experienced in leading workshops and facilitating conversations. Attend a workshop and then follow up with any questions.

To learn more, visit the HCR Cares website at:
www.hcrhealth.com/about/hcr-cares

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Special Thanks:

This workshop is provided in part by a generous grant from:



Training Resource:

Offering the nationally acclaimed LGBTQ Cultural Competence Academy:



Can We Talk

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Building Bridges & Trust



A Workshop for LGBTQ Patients
& Their Health Care Providers

Create Welcoming & Affirming
Care for LGBTQ Patients

Can We Talk: A safe and confidential workshop fostering trust, openness, and understanding.

"Can We Talk' brings medical providers and LGBTQ patients together and offers communication that doesn't always happen in the exam room. The discussions are honest, insightful and rewarding to me as a physician."

–Dr. William M. Valenti, Trillium Health

Workshop Objectives

LGBTQ Patients

- Share important issues when receiving health care
- Appreciate the value of talking openly to health care providers
- Learn what supportive health care can be and how to ask for it

Health Care Providers

- Understand issues LGBTQ patients bring to their medical practice
- Examine feelings toward LGBTQ patients and how they could affect treatment
- Share best practices with peer providers

Program Design

Welcome

Chairs are arranged into two concentric circles. LGBTQ patients start by sitting in the inner circle. Health care providers start by sitting in the outer circle.

- Facilitator asks questions to the LGBTQ patients to surface issues patients experience when receiving health care
- The health care providers sit in the outer circle and listen

Dinner/Snack Break

Health care providers move to the inner circle and LGBTQ patients move to the outer circle.

- Facilitator asks questions to health care providers to share learnings and to talk about their roles as health care providers
- The LGBTQ patients sit in the outer circle and listen

Debrief

Contact Us

To be a participant, schedule a workshop, or to train facilitators, contact:

Emily Jones

585-317-8860

emilyjone@gmail.com

Kathryn Rivers

585-266-3840

kathrynivers@gmail.com

Suzanne Turchetti

585-295-6487

sturchetti@hcrhealth.com



"As a member of the media involved in public health issues, 'Can We Talk' helped reinforce the idea that media outlets must be diligent in understanding all sides of LGBT health issues. The media often offers up a polarizing view of health care and health issues. This polarization is dangerous and hurtful to all involved, including the providers. The session really opened my eyes." –Elissa Orlando, Senior Vice President, Television/News, WXXI